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EGD (Esophagogastroduodenoscopy)

DAY BEFORE PROCEDURE: _____

1. Consume only liquids for the ENTIRE DAY!

Examples: smoothies, milkshakes, yogurt, soda, sports drinks

****NOTHING RED IN COLOR****

2. NOTHING TO EAT OR DRINK AFTER MIDNIGHT!

DAY OF PROCEDURE: _____

1. Nothing to eat or drink, not even water. You may brush your teeth.

2. SPECIAL INSTRUCTIONS FOR ROUTINE MEDICATIONS:

Blood pressure medicine	Take with a sip of water
Heart medicine	Take with a sip of water
Oral Diabetic medicine	Hold morning of the procedure
Blood thinner (Plavix, Eliquis, Brilinta, Xarelto)	Hold the morning of procedures
Aspirin or aspirin products	Hold 5 days before procedure
Iron preparations	Stop 5 days before procedure
Vitamin E	Stop 5 days before procedure
Insulin	Hold morning of the procedure
Coumadin	Talk to your medical provider

* If you are a diabetic, please check your blood sugar prior to coming in for your procedure. If your blood sugar is low and you are having symptoms, drink 2-4 ounces of apple juice (this may delay your procedure)

REPORT TO: _____

Arrival Time: _____ **Day:** _____ **Date:** _____